

## **Women and Ambient Intelligence**

Organisers: Professor Macarena Espinilla (University of Jaen) and Associate Professor Shuai Zhang (Ulster University)

### Session Overview:

Join us for an inspiring session dedicated to exploring the vital role of women in the Tech sector, particularly within the fields of Ubiquitous Computing and Ambient Intelligence. This session is designed to provide opportunities to learn, grow, network and to be inspired to advance both your professional and personal development.

Participants will engage with keynote speakers who will share their career stories, gain insights from expert panel members, and participate in open discussions. This session will highlight the significant contributions of women in tech, as well as addressing and overcoming the challenges and opportunities.

### Objectives:

- Highlight the contributions of women in the Tech sector
- Identify the challenges and barriers faced in the Tech sector
- Discuss strategies for promoting gender equality and career advancement in the Tech sector

### Topics:

- **Inspirational Career Journeys:** Hear from remarkable individuals as they share their journeys of success, resilience and the obstacles they've overcome to embrace opportunities in the sector.
- **Equality, Diversity, and Inclusion (EDI) in Tech:** Explore how to build inclusive solutions, foster diverse teams, and create environments where everyone belongs.
- **Career Advancement Strategies:** Gain strategic insights and actionable steps to drive your career forward. Learn how to navigate transitions and overcome professional challenges.
- **Networking Opportunities:** Discover how to build and leverage a powerful network that amplifies individual presence and opens new opportunities to embrace.
- **Well-being and Work-Life Balance:** Explore tips for maintaining mental, emotional, and physical health while pursuing your career ambitions.